

Diploma in Supervision

Course Overview

Start Date:

22 January 2021

Qualification:

Minster Centre Diploma in Supervision

Highlights:

A flexible professional training route for counsellors and psychotherapists who wish to obtain a supervision qualification.

Course Length:

7 weekends Jan-July, plus supervision practice and written work to completed over 1 year.

Fees 2021:

£2920

We offer a 15% discount to Minster Centre members (graduates and those who maintain their UKCP membership through the Centre).

About the Course

This course is designed for practicing psychotherapists and counsellors who want to develop their professional skills to offer clinical supervision. The programme will allow counsellors and psychotherapists from any modality to train as supervisors.

This course provides a solid foundation in the theory and practice of supervision drawing on the model outlined by Shohet & Hawkins in *Supervision in the Helping Professions* (2002) and the developmental model proposed by Stoltenberg and McNeill (2010). It provides a structure which contains theoretical, experiential and practice components and aims to enable the supervisor to work with counsellors and/or psychotherapists who may have trained in a variety of different orientations.

Course Content Summary

- Two core academic modules which develop students' in-depth knowledge of the main theoretical concepts of effective supervision plus opportunities for students to integrate this knowledge into their practice.
- Skills-in-practice component which lays the foundations for effective and ethical supervisory practice and explores supervisory procedural issues relating to clinical responsibility, contracting, risk assessment, auditing and professional record keeping.
- Forms of assessment include a 4000 word essay, a Portfolio containing supervision logs and a progress report.
- This course requires that the student engages in a minimum of 40 hours supervision practice and 20 hours supervision of supervision.

Detailed Course Content

The theoretical input will include integrative, psychodynamic and humanistic ideas



and will be centred on developing an awareness and understanding of the importance of the supervisory relationship, together with the roles and responsibilities of the supervisor. Topics covered will include: contracting, ethics, issues of difference, assessment and focusing, developmental stages, unconscious relational processes including transference and countertransference, the internal supervisor, issues of power and authority, ruptures in the supervisory alliance, the organisational context of supervision, and working with groups. The experiential/practice component will include peer and tutor assessed role-played practice sessions as well as the opportunity for group supervision of the supervisory work of the participant.

1. Supervisory Theory

This module provides the opportunity for students to develop a sophisticated critically-reflective grasp of the main theoretical concepts and philosophical positions that inform effective ethical supervisory practice. Students will be given an in-depth grounding in Shohet and Hawkins' model of clinical supervision and this will be integrated with a human development perspective in supervisory practice. Significant attention will be paid to understanding complex interpersonal and intrapersonal processes and power dynamics operating both in individual supervision and also in group contexts.

2. Integrating Theory into Clinical Supervision

This module provides a range of learning opportunities for students to integrate their theoretical knowledge into effective ethical supervisory practice. The learning will be delivered in experiential practice sessions that are designed to support the students in making links between theoretical concepts and supervisory strategies, as well as being able to critically evaluate supervisory interventions. This module aims to equip students with advanced skills in working with the interpersonal and intra-personal processes of supervision. It also supports the students in synthesizing a personal integrative approach from existing supervisory knowledge, theory and research.

3. Clinical Supervision Practicum 1

This module represents the skills-in-practice component of the course and aims, in combination with the other supervision modules, to lay the foundations for effective and ethical supervisory practice. Students will receive a thorough grounding in supervisory procedural issues relating to: clinical responsibility; contracting; risk assessment; auditing; and professional record keeping. Students will be given opportunities to reflect on relational processes in supervision and to critically evaluate their own interventions.

NB This course requires that the student engages in a minimum of 40 hours supervision practice and 20 hours supervision of supervision.

4. Assessment

- 4000 word essay comprising two parts.
 - Part 1 is 'My philosophy of supervision'
 - Part 2 is 'My supervision practice'
- Portfolio containing supervision logs and a midway 2000 word evaluation of progress.
- Practicum 1 assessment is ongoing through the course.

Supervision Practice and Placements

Students will agree suitable supervisee and supervision of supervision arrangements with course tutors. Students may use work undertaken with



supervisees in their private practice or with supervisees in the course of their employment (with suitable agreement with their employers) or supervisees seen in placements. Students are responsible for securing a placement but will receive advice and guidance from the Placement Coordinator.

Accreditation

The course meets both the UKCP requirements for supervision training and the BACP Counselling Supervision Training Curriculum.

- In order to be placed upon the UKCP Directory of Supervisors you'll have to be a UKCP registrant.
- On successful completion of the Minster Centre Diploma in Supervision you can be nominated to the UKCP Directory of Supervisors through your membership organisation.
- If you are a BACP accredited therapist you need to go directly to the BACP and go through their processes in order to become a BACP accredited supervisor.

Assessment

Assessment is by Minster Centre staff. In addition to formal assessment of essays, tutors and supervisors assess students' experiential and clinical work.

Course Leaders

Roshmi Lovatt and Reena Shah

Course Dates and Times/Attendance

The teaching takes place over weekend blocks: Fridays 6.30-9.00pm, Saturdays and Sundays 10.00am - 5.00pm.

Dates for Year 1:

22, 23, 24 January 2021

19, 20, 21 February 2021

19, 20, 21 March 2021

16, 17, 18 April 2021

14, 15, 16 May 2021

18, 19, 20 June 2021

16, 17, 18 July 2021

Who is it For?

Practising counsellors and psychotherapists who wish to obtain a supervision qualification.

Entry Requirements

Applicants need to possess a professional qualification in counselling/psychotherapy (BACP, UKCP accredited or equivalent) and have been in practice



for at least three years. Students will need to practice supervision or work in a supervisory capacity during the course. Students gain most from the course if the supervision placement or work is arranged prior to, or as near to the start of the course as possible. The Minster Centre can assist with suggesting practice placements.

Accreditation of Prior Experience and Learning

Applicants who have undertaken previous relevant training or who have had significant relevant experience (deemed to be equivalent to a postgraduate level) may be able to apply for exemption from one or more modules. For more information see our **APEL Policy** on the website.

Qualification

Minster Centre Diploma in Supervision

Career Prospects

Graduates of the Minster Centre can be found working successfully all over the UK and abroad. As well as private practice, graduates often work with a variety of client groups in the NHS; in schools, colleges and universities; organisations such as MIND and other charitable foundations; and as tutors in other training organisations.

Fees

The fees for 2021 are £2920.

We offer a 15% discount to Minster Centre members (graduates and those who maintain their UKCP membership through the Centre).

The fee is payable by bank transfer, cheque or card and is non-refundable. For a full breakdown of the course fees and financial terms and conditions see the **Fees** page on our website.

Venue

The Minster Centre, 20 Lonsdale Road, Queens Park, London NW6 6RD, which is a 5 minute walk from Queens Park Tube (Bakerloo line) and Rail Overground Station and a 5 - 10 minute walk from Brondesbury Park Station.

How to Apply

You apply directly to the Minster Centre via the online application form on the website. Please note: we operate a rolling admission process, on a first-come-first-served basis. **Early application is recommended.**

If you have any further questions please see our FAQs page or email **admissions@minstercentre.ac.uk**.

All candidates are selected by individual interview with two senior staff members. The interview fee is £95.